



ISLA NATURA
DE CHILE®



Vitality for your Body and Mind!

CATALOGUE 2021

www.islanatura.com



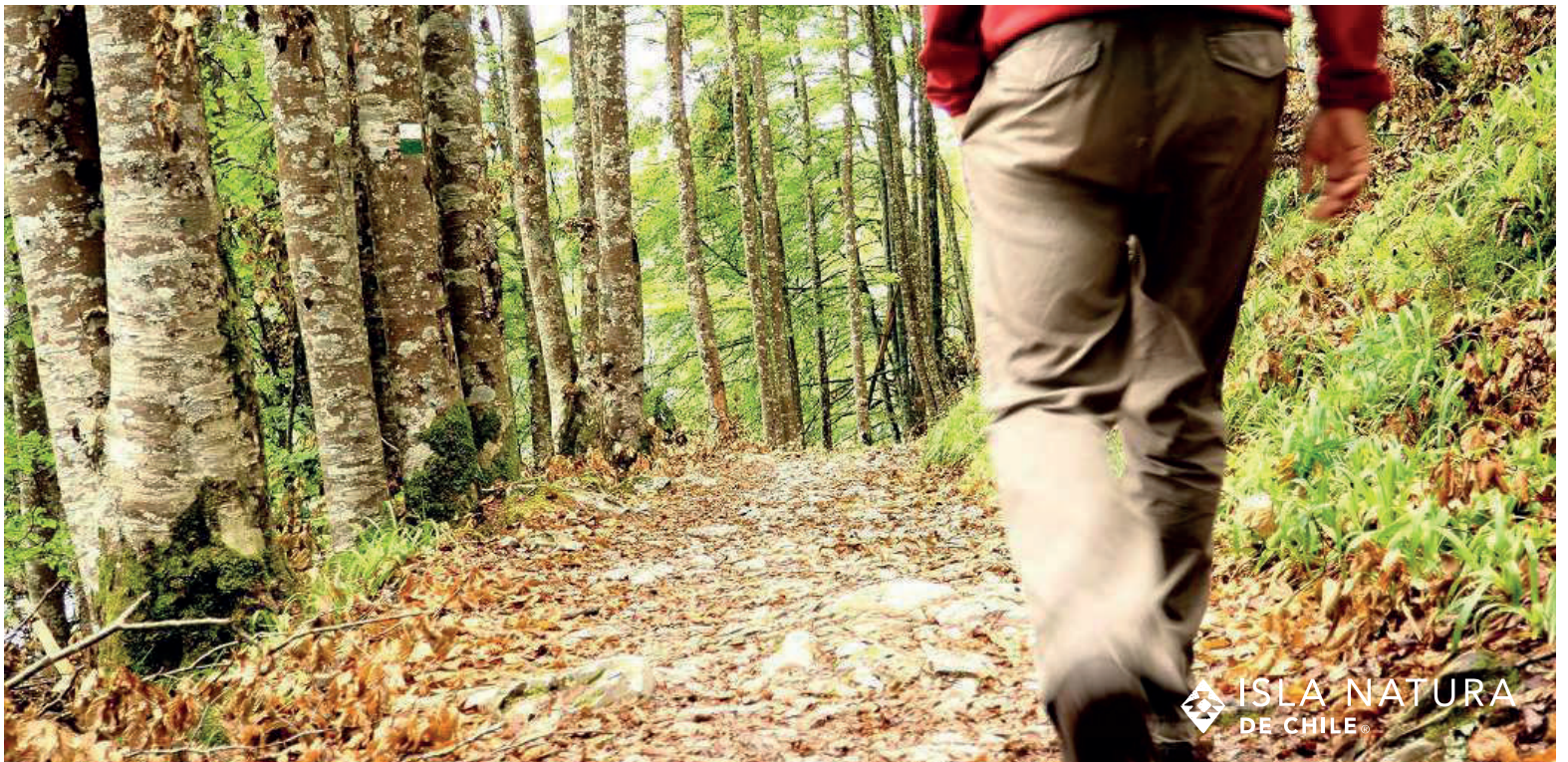
100% DELICIOUS 1000% NATURAL

MAQUI | MURTA | ROSE HIP | RAW HONEY | FLAVORED HONEY

Since 2010 Isla Natura has been passionately focused on creating delicious premium quality products using the most powerful Chilean super fruits, with great health benefits free of chemicals and contaminants.

We use a mixture of advanced technology and traditional methods to guarantee optimum processing in our own facility and in this way assure that flavors and nutrients remain from the moment of harvesting to our final objective: delicious products that are good for you.





Chiloé Island is a gem from another epoch when nature was more abundant and her secrets still intact. We made the decision to base Isla Natura here, in the place of origin of the majority of the ingredients we work with. In this way the unique flavors, the essence of freshness and the outstanding nutritional powers are better captured in our products and we can better promote sustainability of their harvesting. This fusion of ingredients of the highest quality, advanced technology for processing and being located in the place of origin is what makes Isla Natura products deliciously stand apart.

We are passionate and dedicated to food safety and generating trust in those who choose our products

- Highest quality control standards
- Ingredients from certified pesticide free areas
- Processing plant with international organic & gluten free certifications
- Support of local organic producers and wild harvesters





TECHNOLOGY AND PROCESSING

All our fruits are freeze-dried, an advanced technology installed in our production facility that is the key to the premium quality place-of-origin production that we do. Freeze drying involves a process called sublimation which is the extraction of water without using heat because all heated dehydration damages nutrients and antioxidants. Freeze drying allows us to conserve 100% of nutrients, flavor and color to let the natural qualities shine forth in the end products.



PREMIUM ORGANIC MAQUI BERRY

NO ADDITIVES - ORGANIC MAQUI ONLY !

Fresh Maqui Berry is one of the fruits with the highest antioxidant levels in the world (4 times blue berries). Studies have been published in prestigious international science and health journals that have shown its benefits for people who suffer from issues with Diabetes, high cholesterol, obesity and low immunological defenses. Consuming maqui berry supports health protection from a cellular level. We conserve maqui's magnificent qualities and taste by using freeze drying as well as removing the bitter (non-antioxidant containing) seeds and thus, creating a concentrated Premium powder.

**100 GRAMS OF OUR PREMIUM POWDER CONTAINS
THE SAME AMOUNT OF MAQUI AS 175 GRAMS OF NON-PREMIUM POWDERS.**

RE-USABLE TINS* 100g and 35 g
*Tins include serving scoop

ECO-REFILLS of 100 g and 35 g



**Use in smoothies, desserts, with
yogurt, fruit salads, sauces and in
any creative way!**

ORGANIC MAQUI IN CAPSULES

THE ONLY CAPSULES FILLED WITH 100% ORGANIC MAQUI AND NOTHING ELSE

Organic freeze dried maqui easy to add to your daily routine.

This easy to use format contains the same pure maqui berry powder and is perfect for people not accustomed to using powders.

Studies suggest a daily dosis of over 1.6 grams of freeze dried maqui will support your antioxidant needs for a healthy life.
Every bottle contains 120 capsules, which is for one month of daily use- take 4 per day with food and water

CAPSULES OF ORGANIC MAQUI
120 capsules of 500 mg

**NO ADDITIVES,
ORGANIC MAQUI ONLY !**



IMMUNO "TOTAL" VEGAN CAPSULES

Made with organic ingredients A strong immune system - Naturally!

The perfect fusion of 4 powerful wild ingredients processed to maximize its immune-boosting characteristics.

Maqui for its tremendous antioxidant and anti-inflammatory powers

Rose Hip due to its high content of Vitamin C and antioxidants that promote strong cells.

Chiloé Elephant Garlic has demonstrated natural antibacterial and antibiotic qualities

Propolis has shown in studies its antioxidant and antiviral power

IMMUNO TOTAL CAPSULES
120 capsules of 600 mg

**These four super foods come in
vegan capsules (Pullulan)**
**Organic Maqui, Organic Rose Hip,
Organic Chiloé Garlic and Bee Propolis**





PREMIUM RAW HONEY

Isla Natura Premium Raw Honey has a freshness and texture that will transport you to the native forests of Chiloé Island. In addition to being creamily delicious, it is Export Quality, which means that it is lab tested by the Chilean Agriculture Ministry to be free of all chemicals, pesticides and antibiotics.

We use a cold mixing process to keep this raw, never-heated honey from solidifying again (as all good honeys will do).

**ALWAYS CREAMY, ALWAYS SPREADABLE
AND ALWAYS TASTY!**

PREMIUM HONEY 450 g (1 lb)

Pure and flavored with Superfruits



PREMIUM RAW HONEY

Enjoy our exquisite raw honey pure or mixed with premium freeze dried super-fruit powders that will give you wonderfully unique flavors as well as the healthy benefits of the nutrient packed wild fruits.

These raw fruit and honey spreads offer sweet and healthy substitutes for jams and preserves.

RAW HONEY 450 G (1 lb)



TIACA

ULMO

RAW HONEY MURTA SPREAD 450 G (1 lb)



RAW HONEY ROSE HIP SPREAD 450 G (1 lb)



RAW HONEY MAQUI SPREAD 450 G (1 lb)



Our Premium freeze dried fruit powders are from wild harvests and hand collected. This means that the finished powders maintain all of the taste and natural healthy properties of the fresh fruits.

ENJOY DIFFERENT FLAVORS FRESH FROM THE FOREST!



PREMIUM ROSE HIP POWDER 60 g

Premium Rose Hip powder is freeze dried with no additives, preservatives or other ingredients. The freeze drying process has protected its natural flavor and properties-especially its high Vitamin C content. Many scientific publications over the years describe how taking rose hip that is undamaged by heat in processing is helpful to maintain a healthy digestive track as well as supports a healthy respiratory system. Its high Vitamin C content makes it popular in fighting colds as well. The lovely orange color and unique flavor makes it a popular culinary ingredient as well.



PREMIUM MURTA BERRY POWDER 60 g

Premium Murta Berry powder is freeze dried and pure - no additives nor preservatives.

All of its unique natural flavor and healthy properties (such as high flavonoids) are intact thanks to our careful processing. Murta berry is known for supporting your immune system, blood circulation and helping tissue regeneration. Its incredible flavor also opens a world of possibility in the kitchen: for sauces, with yogurt, baked goods and much more.

Try our delicious natural energy bars that we created with the tastiest and healthiest ingredients such as amaranth (protein), chia seeds (Omega 3), almonds (protein, fiber) and raw honey.

Then we sprinkle it with Premium Freeze dried super fruit powders such as maqui, rose hip or murta.

Bursting with flavour and taste!

They are GLUTEN FREE and have no additives nor preservatives, so the full power and flavor of their ingredients are there for you. We use nothing more than honey (NO REFINED SUGAR) to give it texture and sweetness.

IDEAL FOR AN ENERGY BOOST AT ANY TIME OF DAY!

NEW FORMAT ! BOX 20 BARS - 25 g each



MAQUI CHIA BAR 25 g



ROSE HIP + Cacao 100% BAR 25 gr



MURTA CHIA BAR 25 g



APPLE VINAGER 100% CHILOTE!

MADE WITH ORGANIC APPLES FROM CHILOÉ
HAND HARVESTED

This wonderful vinager is incredibly tasty with a full body and aroma. Did you know that studies show that apple vinager:

- ▶ Detoxifies the body.
- ▶ Helps lower blood pressure.
- ▶ Regulates the body's ph.
- ▶ Has a laxative effect.
- ▶ Whiten teeth.
- ▶ Fights seasonal allergies.

Strengthen your body from a cellular level !

CHILOÉ APPLE VINAGER

*250 ml

Tasty and healthy!



MERKEN

May your table never lack this traditional Chilean seasoning.

And let yourself be enchanted by its rich smoky smell and slight spicy flavor !



"Cacho de cabra" Chili pepper ,
toasted coriander seeds, sea salt
and dried herbs.

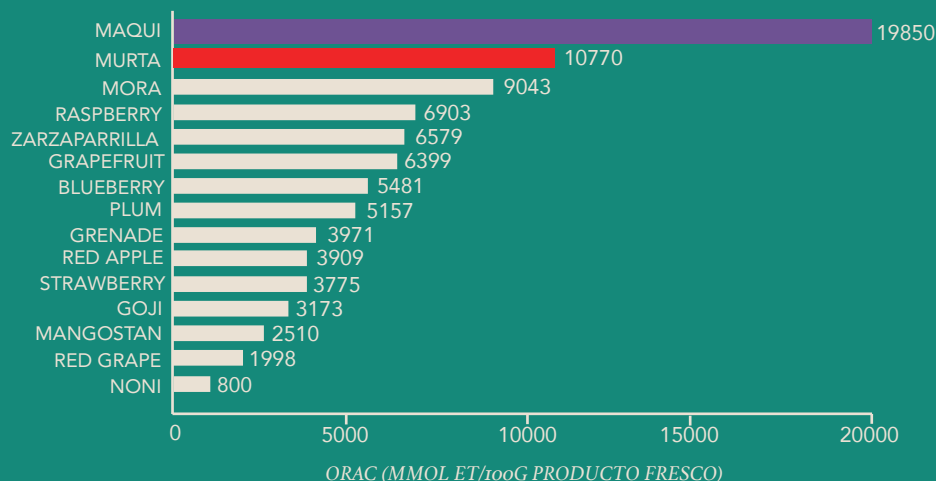
CHILOÉ ELEPHANT GARLIC

Now you can enjoy
this treasure from Chiloé, with
its unique flavor, whenever you want !



Dehydrated Chiloé Elephant Garlic is the perfect addition to make your recipes delicious. For your added benefit, it also has antibacterial, antioxidant, and anti-inflammatory properties.

ORAC ANTIOXIDANT LEVELS IN FRUITS



The above graph shows antioxidant content measured in ORAC (oxygen reabsorption capacity) of different fruits, which reflects the content of protection that the fruits give from the cellular damage of free radicals in our body.

Maqui is the fruit with the highest level of antioxidants, with an ORAC level up to 4 X blueberries. Murta, another native Chilean fruit, also contains elevated levels of antioxidants for health protection as well as excellent flavor.

Refereces:

1. INTA. 2016. (ORAC) Base de Datos de Actividad Antioxidante y de Contenido de Polifenoles Totales (PFT) en Frutas. Portal de Antioxidantes.
<http://www.portalantioxidantes.com/orac-base-de-datos-actividadantioxidante-y-contenido-de-polifenoles-totales-en-frutas/>
2. Haytowitz, David B; Bhagwat, Seema. 2010. USDA Database for the Oxygen Radical Absorbance Capacity (ORAC) of Selected Foods, Release 2. U.S. Department of Agriculture.



ISLA NATURA
DE CHILE®

MADE IN CHILOÉ - CHILE

MAQUI | MURTA | ROSE HIP | ORGANIC HONEY | PREMIUM RAW HONEY

“WE MAXIMIZE THE
POWER OF NATURE”

www.islanatura.com